

Appendix 10: Sample letter to parents of children in P7

Dear Parent/Guardian,

Over the next few weeks, your child will be continuing the 'Flourish' Relationships and Sexuality programme. This programme is designed to be a collaboration between home and school and one of its most important aspects is parental input. All the material is age-appropriate and delivered within the context of the Catholic Church's teaching on sexuality. The emphasis is on forming positive relationships and showing respect for ourselves and other people. You can view the programme yourself on www.catholiceducation.ie

The P7 topics are as follows:

- My sexuality is part of who I am. God loves me as I am.
- I have a wonderful body. God made me as I am.
- Puberty – welcome changes. I am perfectly designed by God.
- Sex is a precious gift from God. It belongs in a committed relationship.

Please come and talk to us at school if you have any concerns or wish to discuss anything that comes up in your discussions at home. Above all, please talk with your child about what they are learning at school and share your views with them. Let's help our children learn about these sensitive issues together.

Yours sincerely,
